## SPIRITUAL TASK – THE RIGHT TO CHOOSE (Genesis 3)

by the Rev. David Roth at the New Church of Boulder Valley

**Story** Adam and Eve were created and set in a Garden wherein all that was good was provided for them. Instead of obeying the command of the Lord, they chose to listen to the serpent and got in trouble.

**Meaning** The Lord is constantly doing all in His power to assist us in making the right choices and leading to our eternal happiness. We, however, have free choice in spiritual things. We are free to choose to do evil rather than good, to choose hell rather than heaven. The Lord provides all things for our eternal benefit, and foresees the bad choices we will make, permitting them if necessary. The goal is the quality of our eternal life.

**Task** This week pay attention to the power of free choice in your life. You always have a choice as to what you will do. Notice when you purposefully choose what is good the feelings that accompany that choose; and conversely, notice when you purposefully make a bad or selfish choice the feelings and thoughts that come along. So which do you like better?