## THE TEN COMMANDMENTS IN OUR HEARTS

Lord, who may abide in Your tabernacle? Who may dwell in Your holy hill? He who walks uprightly, and works righteousness, and speaks the truth in his heart.... (Psalm 15:1-2)

Make a heart with a doorway that opens so that you can see the Ten Commandments inside. Having truth in one's heart is not just knowing the truth or even obeying the truth, but also loving it and wanting to do it.

## **Materials**:

```
2 pieces of red construction paper
small copy of Ten Commandments (see below for abbreviated form)
scissors
glue
```

## **Procedure:**

- 1. Trace or copy the heart (see template on next page) onto two pieces of red paper.
- 2. On the first page, cut out the heart and cut the edges of the window along the dashed line.
- 3. On the second page just cut out the heart, not the window.
- 4. Cut out the Ten Commandments (see below) and paste them onto the second page within the dashed line, so that they can be seen through the window when the two hearts are put together.
- 5. Glue the two hearts together, applying glue just around the edges of the hearts.
- 6. Glue the text slip with the Psalm 15 quote onto the front or back of the heart.

**Optional**: Decorate the outside of the heart with stickers, glitter, *etc.* 

## The Ten Commandments

You shall have no other Gods before Me.

- You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain.
- Remember the Sabbath day, to keep it holy.
- Honor your father and your mother, that your days may be long upon the land that the Lord your God is giving you.
- You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your
- neighbor's house. You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that is your neighbor's.

Lord, who may abide in Your tabernacle? Who may dwell in Your holy hill? He who walks uprightly, and works righteousness, and speaks the truth in his heart....

Psalm 15:1-2

