## SPIRITUAL TASK—TELL PEOPLE YOU LOVE THEM

by the Rev. David Roth at the New Church of Boulder Valley

**Task** One day someone you love will die. Today is a good day to let that person know how much you love them. One day you will die. Today is a good day to start living in the way you want to live for eternity. If you are doing something you know you shouldn't, choose today as the day you stop. If there is some change you would like to make in your life choose today as the day you begin to make that change. Right now is all you know for sure that you have live now.