

# Ages 3-6: Two Hands for the Lord

## Materials Needed

*Two Hands for the Lord*,  
*Ten Commandments Strips*,  
scissors, glue  
*optional*: crayons or markers

## Prepare in Advance

Print copies of *Two Hands for the Lord* and *Ten Commandments Strips*.

### New Church Concept Teacher Background

All aspects of the Divine design have been brought together and concentrated in us so that God can perform the highest forms of useful service through us. See *True Christian Religion* 67

Useful services are spiritual when they have to do with love toward God and love for the neighbor. They are moral and civic services when they have to do with love for the society or civil state in which people reside, and with love of the companions and fellow citizens with whom they are associated. Useful services are natural when they have to do with love of the world and its necessities. And they are corporeal when they have to do with the love of self-preservation for the sake of higher uses. See *Conjugal Love* 18

Bring home the idea that the Ten Commandments are to be kept by doing useful service for others. Children will make a connection between their hands and the hands on the page and then glue a *Ten Commandment Strip* along each finger.



1. The Lord wants each of us to become an angel in heaven. He gave us the rules of heaven, the Ten Commandments, at Mount Sinai. When we obey them, we are practicing to become angels.
2. Which parts of our bodies do we use to do things? (Our legs help us move our bodies, our arms help us carry things, our mouths help us say kind words, but our hands are especially important for helping others.)
3. Wiggle your fingers. How many fingers do you have? Count fingers, pointing to each finger as you count. How many commandments are there? We have one finger for each commandment!
4. Give each child a copy of *Two Hands for the Lord*. (Choose from orange, purple or aqua colored hands.) Invite children to place their hands, palms upwards, on top of the hands on the page. For our project we are going to fill our hands with the Ten Commandments!
5. Give each child a copy of the *Ten Commandments Strips* and a pair of scissors. Cut the commandments apart.
6. Have children glue each commandment along a finger. There's no need to be too concerned about the order of the commandments.
7. *Optional*: Using crayons or markers, draw pictures of ways you would like to use your hands to obey the Ten Commandments and help other people.

### New Church Concept Teacher Background

I asked two angels: Is it not possible for a person to have charity and faith, and yet to be without works? Can a person not have the desire, and may they not think out how to do something, and yet not proceed to accomplish it?" The angel replied: They can, but only ideally, and not in reality. Even then they must endeavor or will to act; and will or endeavor is in itself an act, because it is a continual striving towards action, and this results in outward act as the opportunity to act presents itself. Therefore, endeavor or will, being as it were an inward act, is accepted by every wise person, because it is accepted by God, just as if it were an outward act, provided it does not fail when opportunity arises. See *True Christian Religion* 387.6







Depending on the age of your class, you may want to cut the strips apart before class.

You shall have no other gods before Me.	You shall have no other gods before Me.
You shall not take the name of the Lord your God in vain.	You shall not take the name of the Lord your God in vain.
Remember the Sabbath day, to keep it holy.	Remember the Sabbath day, to keep it holy.
Honor your father and your mother.	Honor your father and your mother.
You shall not murder.	You shall not murder.
You shall not commit adultery.	You shall not commit adultery.
You shall not steal.	You shall not steal.
You shall not bear false witness against your neighbor.	You shall not bear false witness against your neighbor.
You shall not covet your neighbor's house.	You shall not covet your neighbor's house.
You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that is your neighbor's.	You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that is your neighbor's.