## SPIRITUAL TASK – THE LORD'S CONTINUAL PRESENCE

Lo, I am with you always, even to the end of the age. (Matthew 28:20)

**Story** Think about these final words of the Lord to His disciples before He ascended to heaven. He was leaving these men to face the power of Rome and the enmity of the Scribes and Pharisees. Many of them would suffer a cruel and painful death. Yet the Lord reassured them that He would be with them always. How could this be true?

**Meaning** The truth is that the Lord is with all people. But He is present in greater proportion with those who live in faith and charity. The more we live according to His commandments the more we admit the Lord into our lives.

**Task** Envision a struggle that awaits you. Perhaps you have a relationship that is bringing pain into your life that needs sorting out. Prepare for that struggle with the awareness that the Lord will be there right along side you throughout. Try to envision a happy or productive ending to the struggle whatever it might be. Be confident that the Lord will never abandon you no matter what happens.