SPIRITUAL TASK—GOOD MOTIVES

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Story The goodness represented by Zacharias and Elisabeth is the good of our upbringing, or of habit. The goodness represented by John the Baptist is the good of obedience to the Lord, or repentance. The goodness represented by Jesus is unselfish love for others.

Task During the week, reflect on your motivations, and see whether you can tell which of these motives are active with you. Are there times when you strongly wish that other would notice the good things you do? Are there times when, no matter how inconvenient, you will do the right thing? Are there times when you work hard for someone or some ideal, without asking at all what you will get out of it?