Attributing All Life to the Lord

Angels say that not only everything good and true is from the Lord but everything of life as well (Heaven and Hell 9).

One way to appreciate the Lord's blessings is to step back from our daily lives and just brainstorm *everything* good that is from the Lord. Don't settle for listing the external blessings in your life—look for the spiritual blessings within!

for brainstorming...

Further Ideas for Reflection

•	The Lord gives us the natural world with resources for our food, clothing, and shelter. How can we make good use of these things—honoring their potential?
•	How can we cherish the love the Lord gives us for our marriage partners and for our children, embracing difficulties as opportunities for growth?
•	Reflect on the way the Lord works through angels and people, inspiring them to help others. What are some of the unique talents and abilities that you see other people using in their lives? How have these brought blessings into your life?
•	What unique talents and abilities has the Lord given to you?
•	How can you use these talents and abilities to be a blessing to others?
•	What virtues (honesty, integrity, kindness, courage, <i>etc.</i>) do you see exemplified by others? How can their example be a blessing in your life?