

SPIRITUAL TASK—HOW TO STRENGTHEN YOUR MARRIAGE (Mark 10)

by the Rev. David Roth at the New Church of Boulder Valley

Story The Lord is questioned by the pharisees about when it is okay to get a divorce. The better question is, “What can I do to strengthen my marriage and preserve it?” There are incidents that follow that speak to leaving behind selfishness and pride in our own intelligence, fostering innocence and trust in the Lord, shunning the bad habits we see in ourselves and working through the pain of changing our loves, and realizing that greatness is in serving and giving.

Meaning The marriage you are striving to strengthen between yourself and your spouse can be handled the same way as your personal regeneration. When you grow your relationship can grow. Even if you are not married, anytime you work on your spiritual growth you are strengthening your future relationship.

Task This week practice being a servant to your spouse or a friend (if not in a relationship)—a relationship you want to grow. Ask, “What can I do that will assist him/her. What kinds of things would be a help?” Do those things.