

# Manna from Heaven

## *Thanking the Lord for All His Gifts*

Talk with the students about how everything comes from the Lord.

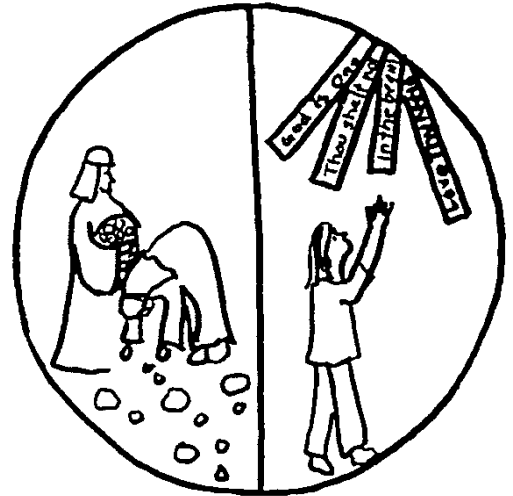
### ***Supplies Needed for Making “Manna”***

- ½ cup flour
- 1 tablespoon olive oil (or vegetable oil)
- 1 teaspoon water
- pinch of salt (optional)
- pinch of coriander powder (optional)
- ½ teaspoon honey (optional)

### ***Other Supplies***

- printed page with divided circle
- colored markers, colored pencils, or crayons
- glue

**Note:** Double this recipe if you have a large class.



### **Part A: Earthly Manna (left side of circle project)**

#### ***Procedure:***

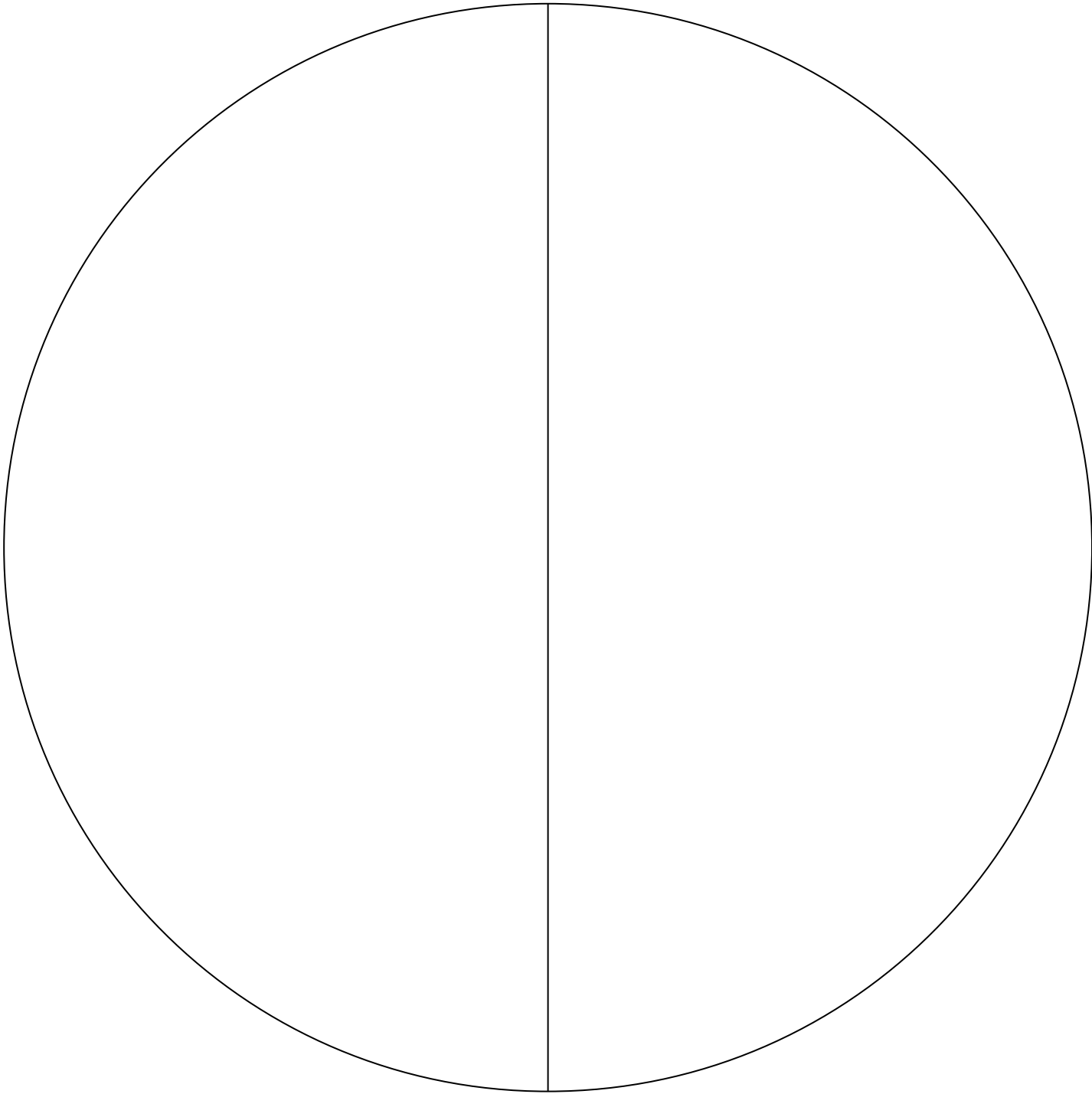
1. Combine flour with salt and coriander powder if using these.
2. Add flour mixture to the olive oil, mixing well.
3. Add the water and mix again. (Mix in the honey if you wish to use it.)
4. Add a bit more water if necessary.
5. You want to have the students form bits of dough into little round balls.
6. Set aside some of the little balls of “manna” for the project.
7. Encourage the students to taste some of the balls not needed for the project.
8. In the left half of the circle, have the students draw one or more Israelites picking up manna. Then glue some of the “real” manna on the picture.

### **Part B: Hidden Manna (right side of circle project)**

#### ***Directions to give students:***

1. Think of special things you have received from the Lord’s Word—special teachings that feed your life. Write these on strips of paper.  
(NOTE: Students may remember some of these teachings—perhaps some of their recitations—or want help looking for special teachings in the Word.)
2. Draw a picture of yourself and your family in the right side of the circle.
3. Draw your faces and arms turned up toward the Lord.
4. Then glue the strips of paper with sayings on them as though they are coming from the Lord (like rays of sunshine from the sun).





*Israelites Gather Manna*

*We Gather Hidden Manna*