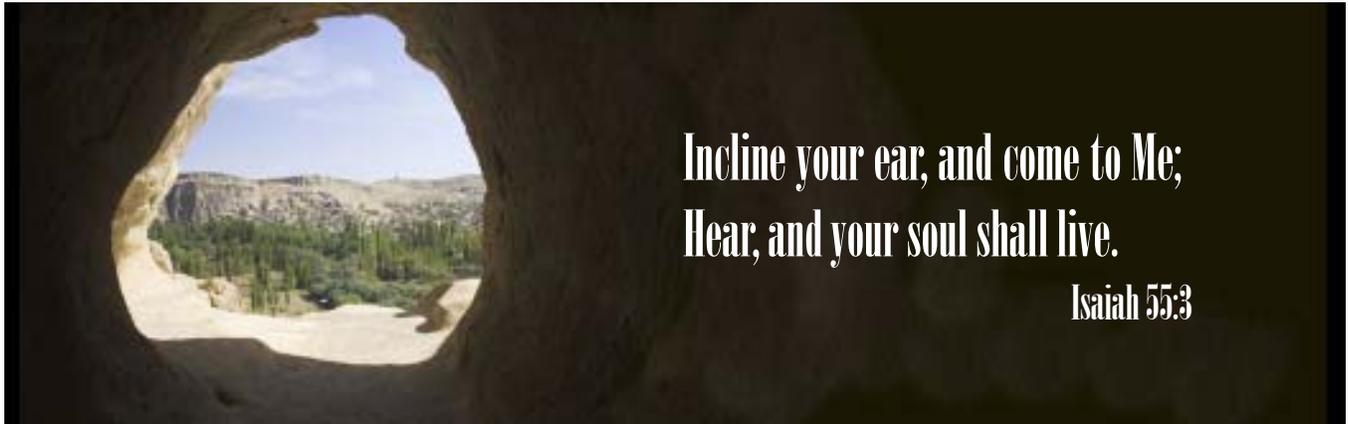


Meditate & Activate

Thinking or meditating about a passage from God's Word and finding opportunities to put it into action can be a powerful experience. Keep this card intact or cut out the illustrated quotation to use as a bookmark or put up somewhere in your home.

Meditate: Are you a good listener? Do you lean in (incline) toward someone who is speaking to you? Do you even mirror back what another person has said to show you have truly heard him or her?

Activate: Actively listen for the Lord's voice today. Try reading the Word, praying for guidance, or taking a walk to enjoy the beauty of the Lord's creation. Look for a message of love or a sense of direction from the Lord.



To make a stronger bookmark, print this page on heavy paper or cardstock, cut in half and give half to each student.

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