



I Am the Light of the World

*Then Jesus spoke to them again, saying,
"I am the light of the world. He who follows Me
shall not walk in darkness, but have the light of life."
(John 8:12)*

Start out sitting in darkness and light candles one by one as you read (or recite or repeat) a quote from the Word. The room will grow brighter and brighter with the sharing of each quote.

The quotations from the Word could cover a variety of topics or have a special focus. The sample quotes (see below) are about light.

Note: Families could incorporate this activity could be incorporated into family worship or bedtime with younger children. It would also be a good activity for a teen group.

Quotes from the Word About Light

The Lord is my light and my salvation.
Psalm 27:1

God is the Lord, and He has given us light.
Psalm 118:27

Your word is a lamp to my feet and a light to my path.
Psalm 119:105

The people who walked in darkness have seen a great light.
Isaiah 9:2

Come and let us walk in the light of the Lord
Isaiah 2:5

Arise, shine; for your light has come! And the glory of the Lord is risen upon you.
For behold, the darkness shall cover the earth, and deep darkness the people;
but the Lord will arise over you, and His glory will be seen upon you....
The Lord will be to you an everlasting light.
Isaiah 60:1,2,19

In the beginning was the Word, and the Word was with God, and the Word was God....
All things were made through Him, and without Him nothing was made that was made.
In Him was life, and the life was the light of men.
And the light shines in darkness, and the darkness did not comprehend it.
John 1:1,3-5

That was the true Light which gives light to every man who comes into the world.
John 1:9

Then Jesus spoke to them, saying, "I am the light of the world.
He who follows Me shall not walk in darkness, but have the light of life."
John 8:12

The Lord is light, that is, good itself and truth itself,
and thus from Him stems all intelligence and wisdom, consequently all salvation.
Arcana Coelestia 3195:4

The Lord's unceasing presence causes a person to become rational,
and gives him the ability to become spiritual.
This is brought about by the light that goes forth from the Lord....
The person receives this light in his understanding.
That light is truth, and by means of it the person has rationality.
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