

SECRET ANGELS

A person is born that he may become charity;
but he cannot become charity
unless he perpetually does the good of use to the neighbor,
from affection and delight.

Charity 126



This is an activity that fosters charity from affection and delight. It may be used within a family, a youth group, a class, or even among friends.

Procedure:

- Each person puts his/her name into a hat, and then chooses a name from the hat, being sure not to get his/her own.
- Each person now becomes a secret angel, helping the person whose name was drawn without giving away any identities.
- A secret angel does little acts of charity such as leaving special treats at the person's front door, writing and sending messages of encouragement and good wishes, and even perhaps doing a chore for the person before he can get to it. But don't let the person know who his secret angel is!



Note: There is something very special about keeping the identities of the “angels” secret. You may find that you come to suspect that many people could be *your* secret angel, and, as a result, find yourself thinking good thoughts about many people in return.

You might put a time limit on the activity or change names each week or so.

Enjoy with affection and delight!