

Prayers for Teens

**Lord,
You have given Your angels charge over me,
To keep me in all my ways.
They shall bear me up in their hands,
Lest I dash my foot against a stone.
Amen (see Psalm 91:11-12)**

**Lord,
You guard us with angels
And restrain evil spirits from flooding us
Beyond what we are able to bear.
Thank you for this merciful protection.
Amen. (Adapted from *Arcana Coelestia* 741)**

**O Lord,
We are Your children
And the sheep of Your pasture.
Put forth Your hand, we pray,
To guide our steps
And to lead us in the way everlasting.
Help us to live so that Your angels
May be with us always,
To guard us from all evil,
And to prepare us for a place
In Your heavenly kingdom.
Amen.**