

---

## An Overview of Activities for Teen Discussion

### GUARDIAN ANGELS

#### Background Reading for the Teacher:

Quotes from the Word

“When Angels Held You Back” by the Rev. Donald L. Rose (a newspaper article)

[www.newchurchvineyard.org](http://www.newchurchvineyard.org) See the April 2005 issue on Guardian Angels for more quotes from the Word, sermons, and other background reading.

#### Teen Discussion Activities:

##### *Angels in Our Lives*

- Ask teens to do the reading and think about the answers to the questions below.
- Then discuss possible answers to the questions.

##### *Guardian Angels*

- Ask teens to do the reading.
- Then ask them to brainstorm some thoughts that might be from angels and put these on the right side of the T-chart. Brainstorm thoughts that might be from evil spirits and put these on the left side of the T-chart. The leader may want to make a large T-chart on a white board or flip-chart to list the ideas raised in discussion.
- Discuss the influence of evil spirits and angels. Emphasize that we are not responsible for the thoughts that come into our heads, although the evil spirits would like us to think so! But we are responsible for the thoughts that we invite back into our minds.

##### *Further Discussion*

Teens may want to know whether it is OK to try to contact spirits from the other world using Ouija boards, séances, etc. The Heavenly Doctrine warns us that there are tremendous dangers associated with spirit communication, because we are more likely to come into contact with evil spirits than with angels. And the evil spirits would try to make us think that they are angels to gain influence over us.

##### *Closing Thoughts*

Discuss the use of prayer and reading the Word as ways to draw closer to the Lord and the angels as we make our spiritual journey.

OR

Read aloud some of the quotes from the Word.