



## **Keep a Precious Moments Journal**

Write down those funny, adorable things your children or grandchildren say, with the child's name and the date. You might want to keep a blank book handy so that you can jot these down as you hear them. You might also want to write about some of the precious things your children do. Look at the journal from time to time—especially as your children grow older—and share the entries with your family.